



LUNCH MENU

soup & salad

TODAY'S SOUP POT

Fresh soup made daily. Please ask your server for today's selection Cup 4 Bowl 7

FRENCH ONION SOUP

Onion soup topped with savoury bread and melted swiss cheese 8

CAESAR SALAD

Crisp romaine hearts with garlic croutons, parmesan cheese, bacon bits and a garlic lover's house dressing. Served with a garlic bread point Small 6 Large 10

GREEK SALAD

A mixture of spring mix, romaine lettuce, tomato, cucumber, red onion, feta cheese and a greek dressing, with kalamata olives Small 6 Large 10

CHICKEN CLUB SALAD

Grilled chicken breast served on top of a blend of artisan lettuces mixed with carrots, cabbage, parmesan, tomato, cucumber, boiled egg, garlic croutons and bacon bits 12

sandwiches and wraps

SUN MAID GRILLER

Thick cut raisin bread grilled with cheddar cheese and granny smith apples. Served with curried mango chutney dipping sauce and your choice of side 10.95

MEAT LOAF SANDWICH

Our famous meat loaf with bacon and caramelized onion on a ciabbata bun and your choice of side 11

RUEBEN SANDWICH

Fresh smoked meat with swiss cheese, Russian dressing and sauerkraut on grilled marble rye panini 12

SMOKED MEAT SANDWICH

Fresh smoked meat with swiss cheese and garlic mayonnaise on grilled marble rye panini 11.50

STEAK SANDWICH

Grilled 6oz striploin with caramelized onions and garlic mayonnaise served on a ciabbata bun 13

CHICKEN CLUB SANDWICH

Traditional style club with chicken, bacon, swiss cheese, lettuce, tomato and mayonnaise 13

TANDOORI CHICKEN WRAP

Tandoori chicken breast with artisan lettuce, onions, carrots, tomato, granny smith apples, cucumber and mayonnaise 12.50

GRILLED VEGETABLE WRAP

Grilled portobello mushrooms with eggplant, zucchini, goat cheese and tarragon 10.95

ORIENTAL CHICKEN WRAP

Grilled chicken breast, pea pods, carrots and cabbage mixed in an oriental szechwan sauce 13

pasta

Pasta selections include your choice of a fresh side caesar or greek salad.

BACON CARBONARA

Bowtie pasta with bacon, green pepper served in a creamy goats cheese sauce served with garlic bread points 13.95

BAKED PENNE

Penne noodles with either tomato basil sauce or a creamy mushroom alfredo sauce served with garlic bread points 13.50

SAMBUCA MELANGE

Pasta shells prepared with sliced mushrooms, cherry tomatoes, green onion, dried red chillies and a dash of sambuca with a cream sauce. Served with garlic bread points 12.95

gourmet burgers

Burgers served with your choice of french fries, sweet potato fries, soup or salad. All our burgers are made in house with 6.5 ounces of lean fresh ground beef

THE TRADITIONAL BURGER

A lean ground beef patty, tomato, dill pickles and spanish onion on a toasted bun 12

THE SWISS BURGER

A lean ground beef patty topped with swiss gruyere cheese, caramelized onions, bacon, mushrooms, garlic mayonnaise and tomatoes on a toasted bun 13.50

THE ITALIAN JOB

A lean ground beef patty topped with asiago cheese, prosciutto, red onion, tomatoes, basil and brushed with a rosemary oil on a toasted bun 15

THE ALPS BURGER

A lean ground beef patty topped with swiss gruyere cheese, bbq sauce, dill pickles and peppered coleslaw on a toased bun 14.95

BBQ RIB & BACON BURGER

A lean 6.5 oz ground pork patty topped with onions and spiced bbq sauce, bacon and sharp cheddar cheese on a portuguese roll 13.95

pizza

add your own toppings: ham, bacon, onions, extra cheese, hot peppers, sausage, peppers, mushrooms, pepperoni or pineapple 2.25 each

All pizzas are baked in our ovens and are prepared fresh.

PEPPERONI AND CHEESE PIZZA

12in 17.95

BBQ CHICKEN PIZZA

Bbq chicken with mushrooms, onions and peppers 12in 21.25

GRILLED VEGGIE PIZZA

Seasoned grilled eggplant, mushrooms, zucchini and onions 12in 18.95

LOADED ALL MEAT PIZZA

Bacon, spiced sausage, pepperoni and ground seasoned lean beef 12in 24.95



Westwinds House Favourite



BREAKFAST MENU



the conventionals

- YOGURT with fresh fruit or a muffin 6
- ONE EGG any style with toast and preserves 6
- TWO EGGS any style with toast, preserves and home fries 7.75
- TWO EGGS bacon, sausage or ham and home fries, toast and preserves 9.95
- PANCAKES with fresh seasonal fruit and syrup 6.50
- FRENCH TOAST with fresh seasonal fruit and syrup 6.50


kids early menu

- For children aged 12 and under.
- All items include a small juice or milk.
- Your choice of:
- ONE EGG SCRAMBLED WITH TOAST
 - PANCAKES
 - FRENCH TOAST
 - FRESH FRUIT AND MUFFIN
- 5.50 each

mains

- THE STARTER
Two eggs any style with toast and preserves, your choice of three strips of bacon or two sausage patties or two peameal bacon. Served with home fries 11.50
- THE BIG POACHED 
Two poached eggs, black forest ham, cheddar cheese on toast, home fries and fresh fruit 12.50
- CORNED BEEF HASH 
(BIG BREAKFAST) Two eggs over easy nestled on home fries blended with peppers, onions, corned beef, topped with aged cheddar and hollandaise sauce 14.75

- MORNING BURRITO
Two eggs scrambled, spiced sausage, blended cheeses wrapped in a whole wheat tortilla shell served with home fries and salsa 12.50
- EGGS BENEDICT
Two eggs poached with black forest ham on an english muffin topped with hollandaise sauce. Served with home fries 12.50
- SMOKED SALMON BENEDICT 
Thinly sliced smoked salmon, two poached eggs on toasted marble rye topped with hollandaise sauce. Served with home fries 14.50

- WESTERN SANDWICH
Two eggs mixed with peppers, onions and black forest ham on white or whole wheat toast served with home fries 7.25
- LOX AND BAGEL 
Thinly sliced smoked salmon with capers, onions and cream cheese on a bagel served with home fries 11.50

omelettes All omelettes are blended and cooked to order

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| <ul style="list-style-type: none">PLAIN
Three eggs served with home fries and toast 8WESTERN
Three eggs, peppers, onions and black forest ham. Served with home fries and toast 9.95 | <ul style="list-style-type: none">SPANISH 
Three eggs, spiced sausage, pepper and onions with a medium salsa. Served with home fries and toast 13VEGETARIAN
Three eggs, peppers, onions, mushrooms and cheese. Served with home fries and toast 10.95 | <ul style="list-style-type: none">ADD ANY ADDITIONAL ITEMS TO YOUR BREAKFAST CHOICE<ul style="list-style-type: none">ham 1.50mushrooms 1.25onions 1.25bacon 1.50cheese 2.00egg whites only 2.50marble rye bread 1.25 |
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sides

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| <ul style="list-style-type: none">MUFFIN 2.25LARGE ORDER OF HOME FRIES 4.00BACON 2.50SAUSAGE PATTIES 2.50 | <ul style="list-style-type: none">ONE EGG 1.25BAGEL AND CREAM CHEESE 4.50TOAST AND PRESERVES 2.75BLT SANDWICH ONLY 4.25WESTERN SANDWICH ONLY 5.50 | <ul style="list-style-type: none">ONE EGG SANDWICH 3.50ONE EGG AND BACON SANDWICH 4.50ASSORTED CEREALS 3.00 |
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Ask your server for gluten free options



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